



STANWOOD HIGH SCHOOL

Christine Del Pozo, Principal
Carolyn Coombs, Assistant Principal/Activities Director
Tom Wilfong, Assistant Principal/Athletic Director
Ross Short, Career/Tech Ed Director
Denise Eichler, Dean of Students

To: Parents of Incoming 9th Graders
From: Tom Wilfong, Athletic Director
Date: June 6, 2022
RE: SHS Athletics

Welcome to *Stanwood High School Athletics*! We are looking forward to your student-athlete joining our program. Here is some information to help you prepare:

Fall Sports

Cheer
Cross Country
Football
Girls Soccer
Girls Swim
Boys Tennis
Volleyball

Winter Sports

Boys Basketball
Girls Basketball
Cheer
Boys Swim
Boys Wrestling
Girls Wrestling

Spring Sports

Baseball
Boys Golf
Girls Golf
Boys Soccer
Softball
Girls Tennis
Track & Field

Fall sports tryouts are scheduled to begin on Monday, August 22nd, and football on Aug 17th. To be eligible to participate, student-athletes must **complete the online registration packet** and **submit a current sports physical** to the Athletic office. Please make sure that you have your parent/guardian Family Access username and password before the end of school, so that you can successfully login over the summer. Detailed instructions for signing up online can be found on our Athletics webpage. ** Incoming freshmen are not able to signup online until the end of July!*

All student-athletes are required to maintain passing grades with a 2.0 or better. We will perform an initial check of 2nd semester grades (from middle school) for incoming freshmen. Students who did not pass all their classes, with at least a 2.0 GPA, will be placed on academic probation and will be subject to weekly grade checks to determine eligibility for competition.

Athletes are required to pay a \$100 participation fee and purchase a \$40 ASB card. Fees will be collected starting August 26 and must be paid before the first competition. If your student qualifies for fee waivers, please connect with the Athletic office for additional documentation.

Please use our website as a resource, and then contact our Athletic Department with any questions, (360) 629-1322. The office will re-open after summer break on Wednesday, August 10th.

We ask that you submit all Fall Sports sign-ups by Monday, August 15th.

Have a great summer and Go Spartans!



ONLINE RESOURCES & HELPFUL WEB LINKS:

Stanwood High School	https://shs.stanwood.wednet.edu/
SHS Athletics Webpage	https://shs.stanwood.wednet.edu/athletics
Sport Signup Information	https://shs.stanwood.wednet.edu/athletics/sport_sign_up_info
Skyward / Family Access:	https://www.stanwood.wednet.edu/families_students/skyward_family_access
Stanwood AAAA Booster Club	https://stanwoodboosters.weebly.com/
WESCO Athletics	http://www.wescoathletics.com/?pid=1.3.32.0.300
Game Schedules (Arbiter)	https://www.arbiterlive.com/Teams?entityId=22461
WIAA	https://wiaa.com/default.aspx

SHS Sports by Season & Coaches Contact Information:

Fall Sports	https://shs.stanwood.wednet.edu/athletics/fall_sports
JV Cheer	Coach Morgen ten Hoopen mtenhoopen@stanwood.wednet.edu * Varsity Cheer requires a tryout; freshmen are not eligible.
Cross Country	Coach Mike Evans mevans@stanwood.wednet.edu
Football	Coach Jeff Scoma jscoma@stanwood.wednet.edu
Girls Soccer	Coach Lori Stunz lstunz@stanwood.wednet.edu
Girls Swim	Coach Rita Peterson rpeterson@stanwood.wednet.edu
Boys Tennis	Coach Ryan Ingram ringram@stanwood.wednet.edu
Volleyball	Coach Megan Amundson mamundson@stanwood.wednet.edu
Winter Sports	https://shs.stanwood.wednet.edu/athletics/winter_sports
Spring Sports	https://shs.stanwood.wednet.edu/athletics/spring_sports

Spartans on Social Media: @go_shsspartans

Facebook <https://www.facebook.com/goshsspartans>

Instagram https://www.instagram.com/go_shsspartans/

Twitter https://twitter.com/go_shsspartans

SHS ATHLETIC DEPARTMENT

Phone: (360) 629 - 1322

Tom Wilfong Athletic Director / Assistant Principal

Lauren Amundson Athletic Secretary (lamundson@stanwood.wednet.edu)